



Management of Work at Height

Aims

This course will provide an outline of the requirements for planning and organising and supervising work at heights. It will also provide options on how to comply within the work at height hierarchy of measures, provide background in the types of equipment and systems that can be utilised to achieve this and provide details behind the equipment standards to ensure usage within the intended purpose. Lastly, it will provide an awareness of the criteria for issue, ID marking, inspection, record keeping, maintenance, storage and withdrawal from service of fall protection equipment and provide an overview of work at height rescue planning.

Who Attends

A theory based course designed for managers and supervisors of workers who use basic fall protection equipment.

Course Content

- Legislation overview - The Work at Height Regulations 2005 and Management of Health & Safety at Work Regulations.
- Work at height hazard analysis and risk assessments.
- Inspection and record keeping procedures.
- Planning work at height using the hierarchy of measures.
- Overview of collective measures - scaffold systems, MEWPS's & soft landing systems
- Overview and requirements of personal measures - work restraint, work position, rope access and fall arrest
- Personal fall protection equipment use and limitations - lanyards, fall arrest blocks, fixed fall arrest systems.
- Overview of safe use of ladders.
- Prevention of dropped objects.
- Planning for work at height evacuation and rescue.
- Identification of hazards related to work at height tasks.
- The correct selection of prevention/ protection within the Hierarchy
- Identification of appropriate evacuation and rescue techniques and equipment.

Course Duration

This is a 1 day course.

Maximum Candidates

Maximum attendees: 10 candidates.

Qualification Obtained

On successful completion candidates will receive a certificate valid for three years.

Additional Information

PLEASE NOTE all online bookings are **provisional** until confirmed with you by our training team.